This Isn’t a Comet; Archangel Raphael Reveals The TRUE Purpose

Kelly Kolodney, Jannecke Øinæs

This Isn't a Comet: Archangel Raphael Reveals The TRUE Purpose-Kelly Kolodney

https://www.youtube.com/watch?v=qT1VD9CeN9Y 55m 11-23-2025

In this episode we meet Kelly Kolodney, the renowned channeler of Archangel Raphael, who returns to share powerful revelations about the unprecedented energies arriving on our planet. Kelly explains the cosmic significance of 3I/Atlas, a galactic delivery system of love, and how its approach is activating deep remembrance, telepathic abilities, and higher states of consciousness.

We explore the December portals, the merging of Christ Consciousness with the Divine Feminine, and why the next three years are among the most important in humanity's recorded history. Kelly also channels Archangel Raphael, delivering profound wisdom about healing, addiction, reincarnation, dreams, the astral realm, and the truth of who we really are.
If you're curious about ascension, energy updates, star family guidance, and the global shift into higher consciousness, this episode will inspire and uplift you.
Please enjoy my episode with Kelly

Find links to Kelly Kolodney here
https://theangelraphael.com

==========

Timestamps for this Episode

00:00 3I/Atlas: A galactic delivery system of love
00:43 How to prepare for incoming energies
00:47 December 19: Activation codes arriving
01:21 Welcome back to Kelly Kolodney
01:30 Channeling Archangel Raphael for decades
02:44 Entering frequencies of love and remembrance
03:23 How the energies are affecting us physically
05:15 What Raphael says is happening on Earth now
08:57 What is 3I/Atlas really? Galactic activation explained
10:43 Why certain dates hold cosmic importance
11:09 The power of collective alignment
13:32 December 4, 12.12, and December 19 explained
18:39 Why the next three years are unlike anything in history
21:59 Ascension symptoms and shadow surfacing
24:46 How to trust the Divine during chaos

KELLY: I channeled 3I-Atlas, which I've never done anything like that before. And it was asked, like, are you an extraterrestrial? It's like, well, I'm not anything to be afraid of. I'm not a green man in a suit, in a spaceship, but I am alive and that I have consciousness that is coming from the Galactic Center. It said it was this delivery system of love. As it passed through Mars, it was supporting us and bringing more peace to the planet, which coincidentally is when there was a ceasefire in the Middle East, right at that exact moment. And I think a lot of us are feeling this energy arriving. We're not sure what it is or what to do with it. We're so full with distraction and busyness and hurrying. We're not going to be able to receive the energies.

JAN: What do we get you to prepare? What we could actually do on those days?
KELLY: On the 19th of December, 3I-Atlas will be coming in. And as Raphael said, bringing a delivery system of energy and information and codes and we'll be receiving them and activating those gifts. And these eyes are going to open up to receive connection to telepathic communication, to opening our heart for healing and to creational energy.
JAN: Would you like to invite Raphael in perhaps?. Kelly Kolodney, a warm welcome back to the Wisdom from North Show.
KELLY: Thank you so much for having me. I'm so happy to be here.
JAN: I'm so excited to have you back. We just released an episode with you and it seems to be very popular. So many people will resonating with your message and also Archangel Raphael, who you are channeling. You've been doing so for many, many years now. I think you started around 1989 or something like that. And you're really coming forward with these beautiful messages of love and really being a guide in this ascension process we find ourselves in. And we talked a bit about making this new episode because there's so much energy that is coming forward now before we go into the new year. And I'm so excited to dive into it all because it seems like dates are quite important. And we're going to learn why and why this time and the next three years are more important than ever and are so rare compared to what we've seen in written history before. But before we do that, I'd love to ask you, what do you think or how do you think our conversation today will expand people's consciousness and raise their vibration?
KELLY: Oh, I just hope it'll bring them into the frequency of love and remembrance. And that's what we're all really deeply being asked right now to do. To slow down, to become present, to open our hearts and to feel this love that's coming in and to step into remembrance.
JAN: Ah, beautiful. And I was curious when I was doing research for this, how do you feel like personally the energies that are going on right now? How do you feel it in your body or in your mental health or yes, how do you experience it?

KELLY: Oh, in so many ways. So I'm up a lot during the night because the beings are very strong. The veil is so thin and I feel them around me and communicating with me and sharing with me. And also for the first time in a long time, I'm feeling a sense of responsibility almost as if they are asked deeply, asking some more of me than normal.

And I think they're asking this of all of us. And they were showing me this almost like a formula the other day of to tap into different places in our body and recognize if there's any place that could receive more nurturing and more love and that we could open up the feminine aspects inside of ourselves because we're so used to doing and being distracted and getting things done and on to the next thing. But this time that we're in right now is a time of receiving and preparing. It's a time of purification and preparation.

And so I've been guided to do more practices and more diligently than ever before like expanding meditation time, expanding times that I'm fasting, being outside more in nature, being quiet more, moving into silence. I went into a dark retreat not long ago. Things that really bring us into the empty space, into the nothingness, into something that we can't necessarily touch or grab or grasp, but that we deeply need in order to receive this much more of a feminine energy that's arriving right now to support us in being receptive to what's coming.

JAN: And could you share more about what Archangel Raphael is saying is happening on the planet right now when it comes to these strong energies?

KELLY: Well, they're coinciding with 3I-Atlas that most people in the spiritual community have heard about. And in the spring during the equinox, Raphael sent me, it often sends me on journeys around the world. And I was in Mexico and I was working at the time on this what's called the choice point light code. And I have these 55 light codes that I downloaded and Raphael asked me to go through all of them and it'll take me, I don't know, about 10 years. I have about five years left to finish them.

And at that time, it was the end of the spring equinox, which many people talk about being the time at the end of the Kali Yew and the

end of a cycle in the beginning of a new. And at that time, Raphael said that we would move into a period, a gestation period from March 21st of the spring equinox to December 21st when we come to the winter solstice. And that during that time, we would start to receive energies that would be coming from the galactic core, there were ancient and old and wise that would be delivering and bringing to us frequencies that would deeply support us in waking up and in remembering who we are. So I didn't really understand exactly what that meant.

And then 3I-Atlas came on to the scene in the summertime. And then when we started to understand more about it, we realized that it will come closest to the Earth just a couple days before that on December 19th, right before the winter solstice. And so I channeled 3I-Atlas, which I've never done anything like that before. And when the energy came in, it said it was this delivery system of love and that it was deliberate. It was on purpose. It was on time. It had a reason for being and that as it continued to pass, let's say as it passed through Mars, it was supporting us and bringing more peace to the planet, which coincidentally is when there was a ceasefire in the Middle East, right at that exact moment of the passing by Mars on a pass through Venus.

And now it's coming. It went to the sun, right? We're had this paraehelium and we've had tons of flares that have happened in the last few days, which Raphael said would happen as it came there and we'd be receiving light that would be coming in. And I think a lot of us are feeling this energy arriving. We're not sure what it is or what to do with it. And then as it continues to come closer to us and it arrives right near us on December 19th, Raphael has been talking and now we understand that it's in relationship to 3I-Atlas's birthing process of a new consciousness emerging with our own real divine self, like a deep awakening to our oneness, to our soul, like a remembering of our soul at the deepest level.

But in order for us to remember, in order for that to happen, we have to come back into union with ourselves and in order for us to do that, it is what they're showing me is that we need to move into these very

deeply feminine aspects, not that we of course need the masculine, right?
And we have to merge the Christ consciousness frequency with the divine feminine vibration and then to come into union within ourselves, not outside of ourselves so that we can awaken to our own remembering. So that's kind of an overview of what's happening. And so a lot of people are sensing that something is up and they can feel it. And they're not always necessarily sure how to label it. And, and so that's what I'm receiving right now.
JAN: Fascinating. Back to the three I Atlas for those who are a bit new to it and starting to get curious. So it has to do with love and an activation. It's a help. Is it help from the Galactics or extraterrestrial family or star family? Do you think that it's extraterrestrial consciousness?
KELLY: It feels that way. So I ended up, I was talking to Heather Ensworth and I was channeling and 3I Atlas came through and it was asked like, are you an extraterrestrial? It's like, well, I'm not anything to be afraid of. I'm not a green man in a suit in a spaceship, but I am alive and that I have consciousness. I have a vibration and I have a purpose and it's not arbitrary and that it has been designed for a long time and is coming from the galactic center.
It is galactic. It is ancient. It is wise. It is old and it is being guided by something. What that is exactly. I don't know. But what's happening in the way it's operating as it lines up with the different planets and the moons at different times and the solstice and it would be absolutely extraordinary for it not to be synchronistically divinely perfect. It's operating in a way that is so divine and so beautiful and magical.
And so what exactly is it? I don't know that we know how to define it other than it feels incredibly loving and supportive.
JAN: Well, that's good news, very intentional. Yes. And then we have these important dates. Could you speak to that? Because I've always been curious about why are dates significant? Because in one way we could think about that time does not exist. Yet we have December 21st, December 4th. So could you share your perspective on these dates and what's a big deal about them?

KELLY: Yes, that's a good point. So time doesn't exist, right? There is no time and space and we're trying to get rid of time, aren't we? But when we collectively begin to align with the stars and the sun and the moon and we realize that there is a configuration or an alignment that we are in relationship to and we remember our relationship to it and that we're not separate from it, but that when we begin to become aware of it again, especially collectively as a mass, as a group, we have the power through that collective awareness and choice to attune to the magnetic field and the frequencies that it's carrying and the love that it's holding to make changes.

So although we have free will, if we can utilize that free will in alignment with divine will, in alignment with the way that it is lining up to the benefit of the collective, it is so incredibly powerful and I feel in ancient times, we have all these temples all around the world, right, that are lined up to the winter solstice, the summer solstice, the equinoxes for a reason because the veil is thinner. We're more connected to the stars. We're more in alignment. We're able to remember our essence and our soul. There's a purpose to it. But then when you take that alignment and many, many people, just as they gathered back in ancient times to drum and chant and sing and celebrate and dance and connect with the star beings, but there's so many of us now.

And when we come together collectively in a community with a shared purpose of coming into union or radiating a wave of love or opening our hearts to our own divinity and we can align it with those dates that are very powerful that are aligned with the cosmos that I think that it gives it so much more potency and it builds upon itself. And so when we remember about those ancient teachings and we connect with them, it's really powerful.

JAN: And you mentioned the fourth, December 4th and then December 12th. Could you share a little bit about those days? In what way they are significant and what they represent. And also a lot of questions here. What do we get you to prepare or what we could actually do on those days?

KELLY: Okay, so many things happening. So this will probably be released a little bit later, but tomorrow is 11-11. And from 11-11 to the 21st, which is the Winter Solstice, there's 40 days. And Raphael has asked us all to choose something, one thing, any little thing and gave me a list of some options for us to do for the next 40 days between now and the Winter Solstice. So if somebody happens to listen to this the day before, they can do it for one day. If they listen to this three days before, they can do it for three. But in order to really potentize the energy, we need to be able to open our energetic field to connect to Source, to our soul, to our remembering.

And there's different ways, especially more feminine ways that are being asked of us right now to connect. So in the next however many days that you from anyone listening to this that feels called Raphael has been inviting us to either really meditate longer and shut down the mind, move into silence where we speak less and we just listen, just place our hand on our heart and say, I love you with your name after it. I mean, that just like I love you with your name is so powerful just a few times a day. It's incredibly powerful and simple.

Emptying our stomach and fasting so we feel a more direct connection to Source so we can hear that voice even stronger.

The other one was to have a rose for the divine feminine and either keep a rose alive by keep getting one as they're starting to die off for that many days or giving one as a gift to someone, washing our feet and blessing them, getting outside and grounding on the Earth, different things for through the different chakras that we can do that are feminine that open up those spaces so that when the energy that's coming from 3I-Atlas comes in, we have the spaciousness, the emptiness, the darkness, the void vibration that we need to receive because if we're so full with distraction and busyness and hurrying and looking for the next thing to get to the next place, we're not going to be able to receive the energies. So that's one thing that we can do.

And then you asked about the date. So December 4th is a full moon and so that's going to be like a jumping off point. That is also when I'm going to be connecting collectively without all those who are

going to come together at that time. We're going to spend three weeks on this journey along with 3I-Atlas.
And when we hit 12-12, that is always been a powerful portal date, but it's also 12-12 is the 144 frequency, 12 times 12. And that is Christ consciousness and we'll also be in the month of December. Christ consciousness is so powerful, right? So beautiful, but it's being asked to be married to come into union with this divine feminine energy that's been deeply missing.
And what they call that is the mother Source grid. It's the mother creational energy and it comes in many different forms. And when we begin to marry with, so they call almost like in the bridal table, the union of Christ consciousness and the divine feminine, we come into union with ourselves with, with our divine masculine, with our divine feminine, and we begin to remember and full balance who we are.
And after that, then we're going to open up to receiving these three gifts in the third eye in the pineal gland in the heart and in the womb. And these eyes are going to open up to receive connection to pelvic communication to opening our heart for healing and to creational energy.
And then on the 19th of December, 3I-Atlas will be coming in and as Raphael said, bringing a delivery system of energy and information and codes and we'll be receiving them and activating those gifts. And then the winter solstice arrives on the 21st and it's this collective birthing of our divine avatar self as we step over the threshold at the end of the year, which is the 12- 20-25, which is the year of completion, the year of nine into the year of one in 2026, the new beginnings.
And so it's a culmination of everything from this whole year coming in a sense to a climax with alongside 3I-Atlas to birth a new consciousness. But it's done in a way that we receive it not in the doing, but in the being. And in addition to that, a date that I forgot to mention, which is December 8th, that in a religious way, and I'm not speaking in that way, but it's called the immaculate conception as a time of what we would also call the light conception.
And during that time, we'll be doing a powerful activation to receive that light within ourselves. So we're not giving birth to something

other than the remembering of our own soul, our own essence. So it's really intense.

JAN: Yes, it is. How significant could you talk to that? How special are these next three years compared to the rest of our former history?

KELLY: I mean, it's hard to know, right? Whatever time you're living in, you probably think it's the most important and most significant time in the time of the world. However, in my humble experience, and I've only been on this planet for 58 years, and I've been doing this work for 37 of them, it feels as though we've been building and building collectively to coming back into union and releasing this illusion of separation and remembering who we are.

And there is this wave of energy, of love on the planet, and so many people are connecting to it and wanting to listen to the work that you do in the shows and different people and connecting to remember and wake up.

And it feels like this huge push, like this wave in the next three years or so. And in terms of my own life work of working with these codes, they'll complete right at that time. And I think a lot of other people have been on this path for a long time, feel this sense of completion, not that anything's ever complete, but this need to share and be of service in such a big way right now, like born to do something that is supporting us in this transition happens to be in these next few years as we come into 2030.

And so nobody really actually knows, but it's too many different people who I feel carry a lot of credibility and who are in integrity are all coming into the same understanding.

JAN: And is it fair to say that we're living in a special time where things are coming out in the open and that we now see our shadows because they are supposed to come out and we're supposed to see them and let go of them, which is a challenging thing, actually. I just speak with a lot of people who are saying that these times are so hard. This is happening. This person is dying. This person is getting sick. I'm getting sick and my old shadows are coming forward and I've felt it too that I've been not like very stable these days. I'm just feeling so much. So is that part of the ascension process?

KELLY: Yes, it's a shaking, right? Everything's getting shaken up. So whether it's personally how we're feeling emotionally in our own personal lives and our relationships and our finances and our job, or if it's globally in the government or the finances, or if it's in the geological things, or the earthshaking itself and storms, all of it is all woven together. It's all connected and it's all shaking itself out. It's all clearing itself. The old energy is healing. It's coming to the surface to be healed.

And that's where we have that opportunity to heal and it's so important not to grab on and want to hold on to how it was. And I think that a lot of people are grieving so many things in their personal lives, how things were or their relationships or their family or the roles they played, right? Because things are shaking up and changing. They're grieving the world that we once knew it that felt more perhaps stable or we knew what was going to happen next week. There's a sense of when you go outside, the weather today it's like November 8th and it's 70 some degrees and that's unusual. Like, things that we're grieving what was familiar that we knew that was more predictable in every facet of our life. And it's all coming up for healing and change.

And that's not always easy. And it requires adaptability, stepping into the flow, a willingness to heal. And the thing that I think is so important, and Raphael's been talking a lot about this lately and it's not a new concept or anything, but to really try to let go of our story. We all have these stories that we're so connected to about our life and who we are and our identity or what happened to us or something about someone else and their story.

And we continue to like identify with them, repeat them, talk about them, anchor them in. And so Raphael's been really asking me like when the story comes up that I want to share like somebody did something and talk about that or the story about what went wrong with me to just kind of step back and say, okay, now that is a story. And what is behind that that's real and what is true and what is the essence behind it? And a willingness to kind of just witness the story and let it go and not so much anchor into it the way we used to.

JAN: Hmm. How can we really trust the divine when we see on the news, horrible things happening? And perhaps we're struggling with emotions, maybe we're up and down. This is happening that that is happening, that is challenging. And we feel, how can I trust the divine when “awful” things are happening?

KELLY: Yes, that's the age old question, right? How can there be a God when there's a war? I mean, all we can do is whatever we can do to participate in supporting those who are going through those times and hold them in a space and love them through that and hope that that energy will reverberate through that web and return to us when we need it.

The divine is in everything and I think when we deny it, then the suffering expands. But when we see it's in everyone, if we really were able to see the divine in every single person and look into their eyes and be like, I am that, I am, we would have no war. We would have no poverty. We would have no hunger because we would remember that when another is suffering, we are suffering, that we can't separate that.

And so when we see on the news that the children are not going to get their food this week, it's like, oh, your heart is just aching, right? And so what can we do? Their suffering is our suffering. And I think when we start to remember that, then we start to collectively take actions because we feel empathetically, we recognize that their pain is our pain.

And then we do things differently. And that's the hope that as these things become more connected and aware that we aren't separate. And if we aren't separate, then we won't act in ways any longer against our self, which is the divine because the divine is in everyone.

JAN: And since we're receiving all this help, or it seems like we are receiving a lot of help and still, it seems like we need to do something like be receptive, do some practices, open our hearts, let go of distractions.

And then we have tons of people not doing that. Will they also be influenced by 3I-Atlas and by these light codes and solar flares when they're not aware of these things that we're even speaking about.

They're not spiritually interested, perhaps, like I'm curious, will they also feel something and change?
KELLY: I think so. I think everyone will feel something. Nobody is left out. But I think that we, if we're taking action because we happen to be awake and we happen to be aware and we have the luxury of doing these things, then not only are we doing it so we can integrate the vibration for ourselves, but in them, remembering that we're all connected, we're also doing it for the collective.
And so it's not just something for me or for you, but it's for everyone and so for those who don't have the time or the luxury or are in a terrible situation right now, or this is not their thing at all, and they're working somewhere else and living their own life and doing something else that's beautiful, right? It's not like everyone has to be on this path, but we're just holding this little piece on our path and in doing that, I believe that it helps them because how can it not?
JAN: That makes sense. What is Archangel Raphael saying about 2026? Is that sort of when we're start to experience the new human and you mentioned the avatar human, if you could explain more about that, what that is?
*30m
KELLY: Yes, so as we go through the Winter Solstice and we open up to this frequency and we give birth to this new way of being, I think many people around the planet will start to have extraordinary experiences and privately in their own lives. It may start to begin to share them where they're opening up their senses more, they're feeling more connected, they're seeing the trees and the waters talking to them and they're communicating with people telepathically or they're sensing things, they're more just more conscious, more awake, more aware, and that will just start happening and growing and growing until we have a different way of being and being with one another and being with nature.
And in 2026, I think it's going to be a lot about collaboration, community, coming together, coming back to the Earth, making several choices where we want to direct our energy and on what path. So it's going to be a very different frequency. Pam Gregory, who is such an incredible woman and she has so much knowledge

with us, shows that it's going to be go time we're going to be moving really quickly forward into a new way of being as far as the astrology is showing. So we shall see.

JAN: Would you like to invite Raphael in perhaps?

KELLY: Sure. So sometimes people make fun of me, but I'll just let you know that in order for me to channel, I have to close my eyes and I make this sound and I move my hands and then I say hello, so bear with me. It does take me a minute.

And then Raphael will say hello and you could say hello back.

Hello. Hello. Hello. Hello. Hello. we are very delighted to be here and to attune to you and your beautiful energy. And so what is it you are wanting to talk about?

JAN: Thank you so much for connecting with us. I have tons of questions as usual. And I want to start with, can anything be healed? Let's say we have a disease. It's a very serious disease. Can we heal it with alternative medicine, with positive thinking with all these tools or are there sometimes a reason that something couldn't be healed and the person pass?

KELLY: We're very delighted to align with this frequency and speak on this as I am the Archangel Raphael of healing. And it is that healing of any disease or any ailment in the physical body can always miraculously be healed. However, it is also true that for the soul, they can heal and at the same time they can leave their body and they can die. For healing can be defined in different ways.

For you can heal and die and you can perhaps appear that you have healed and you can be very ill, meaning that the healing is happening on many different levels, according and connected to the soul. In order to fully heal and to step into miraculous healing, if it is that is in alignment with the unfolding of your design and your plan and your life experience, you must embody with an absolute knowing without any doubt within your energetic field that you are whole that it is so.

And it is that you may understand throughout the unfolding of that process that whatever it is that you are experiencing in the physical body as descended from higher aspects of your spirit and from the emotional realm before it drops down into the physical realm as

something that is mirroring to you something that is inviting you to heal on many different levels.
And so if the healing is only occurring or taking place on a physical level, then it is that you are not actually healing. You are healing, yes, the physical ailment, but if you are not addressing the emotional component and the mental component and the spiritual component, the actual healing itself has not come into wholeness.
And so that in which you are healing from or appear to have healed from will not be permanent and something else will arise over time to mirror back that which is needing healing.
And yet someone at their deathbed may appear to be in dis-ease or dying and leaving the flesh, but they may have perhaps healed on an emotional level on a spiritual level and they are transcending and dissolving and releasing the flesh to merge back into the oneness and into the spirit and to return home and so an actual healing has taken place.
And so defining what that means is of great importance. But if you are asking if miraculous healing in alignment with the design and the unfolding of a particular soul is possible of spontaneous healing in wholeness of who it is that they are, of course, absolutely. It is something that more and more and more and more of you will be feeling, experiencing and doing as you recognize that it is not something to get to, but to embody.
And as you embody the wholeness of your whole energetic being and you invite love into the physical, the emotional, the mental and the spiritual aspect of yourself and as all that merges and unifies into one field of light and you attune to it and embody it in the wholeness that it is without any doubt whatsoever. The spontaneity of what is needed within the quickening on the cellular level in the mitochondria within the physicality of the form will begin to mirror the vibration in which you are carrying and holding and you will step into that spontaneous healing.
This often will become more and more positive, more and more possible, more and more prevalent as you are moving forward as new understandings and connections to light and to color and to sound and to frequency come online in your relationship to the

physiology of your body and the healing and these modalities will become more present. However, if the human is still emotionally unable to come into alignment with love with their own self, the disease will return.

JAN: Interesting. Thank you so much. Speaking of healing, could you speak a bit to addiction? It could be anything, addiction to work, addiction to alcohol, which seems like a lot of people are struggling with. Is it willpower or is it a deeper healing that needs to happen emotionally and psychologically?

KELLY: It is not willpower. It is a distraction from not wanting to face, to be with, to step into presence in the uncomfortability with whatever is arising that does not want to be met for the pain of what is arising feels too overwhelming.

And so the numbing through the addiction of whatever the substance might be divorces oneself from the essence of their own being, of their Source, of their soul in the energies that are being mirrored back that are arriving that are needed to be felt.

And so it is about feeling. It is about an order to move into healing. There must be feeling, to feel that of which is uncomfortable and to be in the presence of it in felt presence. And when one can truly step into felt presence of what is arising, not wanting to deny or to resist what is, but to be in the awareness of it with curiosity as it begins to arise, the energy has a place to be.

It can begin to lift and return to the oneness and to the Source in which it arrived from. But when one is finding themselves unable to be present with that, for the pain feels too overwhelming, too overpowering, they will search or seek for a distraction or way not to feel.

And so it requires some bravery rather than perhaps willpower, some willingness to notice. And in the noticing, although it may be uncomfortable at first, once one is present in the presence of it for a period of time with the vibration of compassion and curiosity, it will move much faster than the idea of the mind that has locked it in the illusion that it is something to be afraid of, to disconnect from, to create separation from.

And so it is ultimately around a unification with self, a union with the essence of who it is that you are and a recognition of that which is arising, which is seeking one's attention to return to love.

JAN: Thank you for that. And sometimes I'm curious about how important it is that we do heal in this lifetime. We do know a concept as reincarnation and that life is eternal in a way as a spirit. So won't we just get a new chance if we don't heal in this lifetime?

KELLY: Of course, you will continue in the unfolding and the growing and the evolution of your soul. But in terms of the journey that you are on in this lifetime, as you are willing to meet the energy as it arises and to open to the awareness of healing, you step into a flow frequency and that flow frequency when there is a wholeness within your energetic being, creates in cronicity and magic and beauty and abundance and love and unity.

And so it is that as you are opening to that healing, if you are willing to drop into the healing, to do what is needed, to open up into that place of spaciousness, it also brings you into alignment with the frequencies of joy and grace and sweetness and compassion and love.

And so that is why internally there is this calling within all of you, within your own energetic being, to continue to grow. And when one is stuck and turns their back on that, they find their energetic field descending into spirals and vortexes of energies and systems that are continuously nagging or projecting or bringing circumstances into their experience to propel or to push them forward in the evolution of their own growing.

JAN: Interesting. And I want to jump a bit, but maybe it's related to any who. When we dream, do we go to the astral plane? I mean, these people speak about the astral plane and it's just a word. I mean, it's hard to explain what it is, but I've experienced being conscious in it and I've met all kinds of creatures and beings there and I felt myself being in another body and I would love for you to explain more about where we're going when we're sleeping.

KELLY: Well, there are infinite possibilities. And for it is that there are different layers that are unfolding during sleep time, but the one in which you are speaking of, there is conscious awareness of a part

of your aspect of self that is not tethered to the physicality of your form, that is aligning, traveling, merging with other dimensional realities in which you are having an experience and through the threading of that experience, you are bringing to it and guiding those in that experience.

And you are bringing back from that experience and tethering into the energetic body and weaving together that which is within who it is that you are here. And they are interwoven and connected together and cannot be separated. There are many places that many beings, whether it is through dream time, or it is a disconnection that is occurring within their brain, or a frequency that they are experiencing due to illness or sometimes even mental illness or what might be labeled as a disorder, where one is tuning and aligning and connecting to other dimensions, other realities, other experiences similar to that which occurs during sleep time.

And many have what you would call parallel connections, relationships and unfoldings that are occurring. We're part of their essence is having a full blown experience in this particular way of being or reality simultaneously to the one that you are conscious of and the awareness of where it is that you are in this space and this time and this now moment.

And so we encourage you to have great intention at the time of sleep as to where it is that you are going, why it is that you are there, how you are being of service to the collective on that journey and in that process, what is taking place and to bring back whatever information and light and love that you can understanding and teachings from these other dimensional realities to weave into your current experience.

JAN: When we sleep, we can experience spiritual worlds in a way. These are my words. However, what then happens when we die? Do we go somewhere else or is that where we're going to these different planes that we have already visited sleeping?

KELLY: Well, it is as infinite as the points are of the expression of the different beings that are here on your planet now, having different experiences for the experience that you are having now here on Earth is perhaps very different than your neighbor or someone

across the globe. And yet you are all simultaneously sharing this planet that you speak of, this understanding, this dimension of Earth. And when you pass, you are also pinpoints of light having multiple infinite experiences where you are in a shared soup of collective consciousness and yet the unfolding of what you are experiencing in that process is somewhat different depending on the alignment with your soul and its energy.

And so that is why when people experience near death experiences, although there is some thread of continuity, they are still a bit different because they are different beings having different experiences within the collective place of that particular vibration until that energy then decides that is no longer holding the expression of its own individuality and its sense of separateness in which it returns to the essence, to the vacancy, to the darkness, to the oneness, to the place that has no name, to the God Source, to the love, to the light.

And in that emptiness the experience is always the same because you have merged with the love of the oneness of all that ever is and ever shall be, the place in which you are rigorated from the place in which you are called to.

And yet there is a swing, there is a place, there is an in between and that in between space at the time of death has multiple potentialities, experiences in multiple dimensions and layers of realities, much like that which you are experiencing here. Yet you are all here experiencing some things with commonality and understanding and perception and collective consciousness of agreement, you are still all having very different unfoldings. And so it is a mirror to that in that dimension until you return into the oneness.

JAN: Thank you for that. And then I'm curious about you. I feel this great love from you and I'm thinking could anyone, not just Kelly connect with you, especially in dark times and receive healing and feel this love?

KELLY: Yes. Oh, that is my job. I am a messenger. I have not incarnated on Earth in form before, but I come as a messenger of light and when I feel the pulse, when you call out to me, when you call upon me, for I come, I cannot come for your free will, I cannot

descend upon you if you do not ask of me. But when you call out to me, I am there for I have always been there. But I am not through some distant land or place in the heavens far above, but inside of you.

And yet this understanding is so difficult for all of you to grasp, where you go to your mosques and your churches and your temples seeking me in the distance in the stars far away through dogma, through teachings, through understandings that perhaps at a moment of time of your death, you will find me in turn and return to me.

And we shall merge as one. And yet I have always been right here. I am within you. I love you. I am right here by your side around you above you, below you inside and out. I am everywhere and you are based within me for if you call upon me, you will know me, for I have never left you and you are never alone, for I am here for any and all who call upon me, not just for healing, but for anything within your being to know that you are worthy and that you are loved.

JAN: Beautiful. So we are loved. So does that mean that I am and all humans are love? Like that's the truth of who we are. We are love.

KELLY: Yes. Will you remember that you are love? You are remembering your love. You came from love. You are in love and you shall return to love. It is only through your own illusion of separation that you think that you are something through the mind of your thinking other than that, but through the presence of your own internal knowing. You witness and remember that love is everywhere and as you awaken to that love, you know that how can you not be loved because you are love?

JAN: That was beautiful. Do you have any final message for everyone listening, watching today?

KELLY: Do not keep searching outside for the answer. Do not keep looking for the next thing to find what will be or what will happen, but know that everything that you are seeking and looking for already exists within you. You are on a journey of reawakening, of remembering, of coming back into union to the essence of your soul, the knowing of the presence of who it is that you are.

And I am here to guide you and love you on that path, but you do not need me in order to do that for you are already all of that and more. With that, I send to you all of my love, that love that dwells within you to remember that you are one and so it is and good day.
[End of message.]
JAN: Thank you. Welcome back. How do you feel?
KELLY: I'm okay. I'm good.
JAN: Are you present with everything he's saying.
KELLY: I remember some of it, not all of it, but it's a frequency. I can feel the frequency. It's so sweet.
JAN: Oh, it's lovely energy to be around. I just feel like yummy. Oh, lovely. Thank you so much. This has been super inspiring and I'm excited for people to be open on these dates that are coming up. So my final question that I always ask is, what is self love to you?
KELLY: Oh gosh, just coming at the channeling. What is self love to me? A willingness to be gentle with myself, a softening, being authentic and real.
JAN: Beautiful. And what is the deeper meaning of life from your perspective, Kelly?
KELLY: Oh, to just embrace and enjoy it and love each other and not take it too seriously.
JAN: Yummy. Now, tell us, do you have anything going on? Tell us a bit about your work. What are you excited about now if people want to connect with you more and work with you perhaps?
KELLY: Yes, so I have these 55 light codes. I'm on number 27, December 4th on the full moon for three weeks. I'm going to dive into the Divine Feminine with Mary Magdalene and merge it with the Christ Consciousness frequency and connect with 3I-Atlas and prepare us for this beautiful birthing at the solstice. And so I'm merging communities also with Emilio and his members and we're collaborating and I don't know, it's super exciting. It's going to be a beautiful time for everybody to gather together in the frequency of love.
JAN: Nice. And would you like to pull a card for our audience today? Like, it's a nice way of rounding the sets.

KELLY: Yes, I should have pulled the, I should have gotten them out first. But yes, these are all the light codes we have 55. And let's just see what is the highest good for everyone in this now moment listening. Oh, Earth Star to ground ourselves, connect to the Earth, go outside, be barefoot, see the sunset, go down into our Earth Star, then go up to our Soul Star with the energy moving through our whole body to really clear, open, creating spaciousness. So that's a good one. Let's see if there's one more that comes in. Ah, celebration, joy, playfulness, childlike, divine frequency. That's so sweet. All right.

And one more, let's see. Ah, of course, sacred birthing. That's what we're going to be doing. I love that. And that one has Newt over the goddess from Egypt, right, over the us. And then we have Ishtar and the divine feminine, which is the mother and Mary Magdaleneer and Yeshua's frequency.

And Newt is the goddess of the stars where she like cradles and loves and holds us as she bends over the planet. And that is where our soul, the essence, right, of ourselves and that empty space comes from and gives we give birth to new realities. So that couldn't be any more perfect.

JAN: Ah, beautiful. Just confirming everything today. Thank you so much, Kelly. It was lovely having you back and all the best with your beautiful work.

KELLY: Thanks so much. Thanks for having me.